



PERCEPTION IS REALITY

In this video, we discuss how our view of God — our foundational belief about His character — informs our circumstances. Our perception of Him creates a reality from which we experience life.

INTRODUCTION (00:00)

For us to believe that He loves us and that we have an identity that is unshakable we must believe that He is good.

1. *When is it most difficult to believe that God is good and that He has good for you?*
2. *When or with whom is it most difficult to believe that God loves you?*
3. *When do you feel most cared for, safe, or loved by God?*

MATTHEW 13:24-30 (02:19)

Our perceptions — the circumstances we choose to focus on whether good or bad — will influence our outlook on life, ourselves, and God. We can either choose to look at all the “weeds” in our life or what God is growing.

4. *What is a current “weed” in your life?*
5. *What is a current “wheat” in your life?*

WHY DOES GOD NOT PULL OUR WEEDS? (05:26)

God cares so much about us that leaving a weed in our life — an uncomfortable circumstance — might actually be better for us than removing it. This is why having an accurate perception of God — Him being good and has good for us — is so important.

6. *What “weed” in your life have you asked God to remove but is still presently affecting you?*
7. *What growth or maturity has this difficult circumstance brought about in your life by it not being removed?*

ACTIVATION (07:43)

Pray the following prayers, out loud, to the Holy Spirit. Be sure to write down the first picture or words He gives you in response.

- 1) Holy Spirit, how do You view this weed in my life?
- 2) Holy Spirit, how do You desire to use this weed for good in my life?

RESOURCE RECOMMENDATIONS:

www.CultivateRelationships.com/Resources

- The Freedom Booklet
- The Cultivate Journal