



KNOWING WHEN TO QUIT

In this video, we discuss how you know when to quit your pursuit of a goal or at least shift your methods of achieving a goal. We also share two specific ways to evaluate if it is time to make this decision.

INTRODUCTION (00:00)

Lacey discussed her pursuit of creating a photography business despite being called to being a mom and starting a ministry. Her pursuit left her questioning her work ethic, talent, and purpose.

1. *When was the last time you pursued a dream? How did this pursuit affect you emotionally and mentally? How did this pursuit affect your relationships and those you love?*

2 WAYS TO HELP YOU EVALUATE WHEN TO QUIT (02:36)

While the Holy Spirit may speak to our minds directly, often God uses several methods to get our attention and inform our decisions. These attempts may be to get us to stop our pursuit altogether or simply to redirect our methods in achieving our dream or passion.

2. *Who in your life — people who know you, love you, and are Spirit-led — have told you to stop/redirect your pursuit of achieving your dreams or desires? What were their reasons?*
3. *Specifically, what obstacles have you run into in pursuit of your dreams or desires?*
4. *What is the fruit of this pursuit on your thoughts and relationships? Do you have peace and hope or anxiety and despair?*

ACTIVATION (07:25)

- 1) Evaluate your motivation, goals, and what you hope to achieve.
- 2) Ask the Holy Spirit to help you figure out the reason behind your goals and what you hope to achieve.